

ANTI BULLYING POLICY OVERDALE C P SCHOOL



Intention

To ensure Overdale community is a place where everyone feels safe, welcome and happy.
To ensure everyone within the Overdale community understands that bullying of any kind WILL NOT BE TOLERATED.

Bullying explained.

What is bullying?

- ❖ Bullying is actions that DELIBERATELY make another person feel distressed, threatened or frightened.
- ❖ Bullying is actions REPEATED over time.
- ❖ Bullying makes victims feel powerless to defend themselves or change the way things are.

Types of bullying:

- ❖ Physical – punching, kicking, hitting, taking possessions.
- ❖ Verbal – name calling, threatening, teasing, sharing untruths
- ❖ Nonverbal – facial expressions, offensive gestures, ignoring /leaving out.
- ❖ Emotional – excluding, tormenting, unkindness, being unfriendly
- ❖ Cyber – misuse of the internet, mobile phones or cameras to bully
- ❖ Racist – racial taunts, gestures
- ❖ Homophobic / Transgender – focussing bullying on issues of gender Special Educational Needs and / or disability – focussing on specific needs.

Why we have a Zero tolerance approach to Bullying because:

- ❖ Everyone has the right to be treated with RESPECT
- ❖ Everyone has the right to feel safe and valued
- ❖ Bullying HURTS!
- ❖ Bullying affects a victim's capacity to learn.

Recognising signs and symptoms of bullying

- ❖ Not wanting to come to school
- ❖ Sleep or eating habits change
- ❖ Tummy aches / pains
- ❖ Withdrawn or aggressive
- ❖ Missing or damaged possessions
- ❖ Unexplained injuries
- ❖ Suddenly afraid to use internet, mobile phone or tablet.

Understanding why bullying happens.

Jealousy

To control and feel powerful

They want attention

Because of peer pressure

To make themselves look good

They are being bullied.

Prevention

- ❖ Sessions are taught in school through the PHSCE curriculum
- ❖ The school's SHINE VALUES that are visible in every room around school (See Appendix 1)
- ❖ Extended services such as the NSPCC, Police and Open Book all deliver assemblies and workshops in school.
- ❖ Children working with our Senco and Home School Support worker.
- ❖ Focused teaching weeks that highlight the importance of 'tell someone' and 'don't keep quiet'.
- ❖ The school council manage to agreement of our Anti-Bullying Slogan each year and this is displayed in every room in school. (See Appendix 2).
- ❖ All adults are aware of the need to always be approachable and take concerns seriously.

Support agencies

Anti-bullying alliance
www.anti-bullyingalliance.org.uk

Kidscape
www.kidscape.org.uk
02077 303300

Childline – advice and experiences from children who have survived bullying
08000 1111

Bullying online
www.bullying.co.uk

Parent line Plus – advice and links for Parents
www.parentlineplus.org.uk
08088 002222

Cyberbullying.org – one of the first websites in this area for young people, providing advice around PREVENTING and TAKING ACTION against cyber bullying.
www.cyberbullying.org

Policy Revised: February 2021
Revision date February 2023

Appendix 1

Vision and value at Overdale CPS



A listening, learning community.

OUR VISION
To inspire all members of our school
to
SHINE!

STICKABILITY

To keep trying when presented with challenge and keep a positive attitude to school life. Making sure we are willing to learn from mistakes.

HONESTY

Knowing the importance of telling the truth. Have a sense of self belief that you share with pride and openness with all.

INSPIRE

Strive to achieve the best you can in all areas of school life and be a role model for others.

NUTURE

Respect and value the contributions everyone makes to the Overdale school community, the local community and the world.

ENGAGING

Always being a team player and supporting others to be and become a member of the 'Overdale team'.

Agreed term 1 2019 2020

Appendix 2

Overdale Community Primary School Anti-bullying Slogan 2020



Bullies undermine – let kindness SHINE.

- ❖ Bullying is REPETATIVE
- ❖ Done on purpose
- ❖ Can happen anywhere

Overdale school DOES NOT TOLERATE bullies:

- ❖ Tell a teacher or adult in school
- ❖ Tell your parent / adult at home
- ❖ Tell a friend and go together to tell an adult.

If you would like this information in another language or format such as Braille, large print or audio, please ask us.

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如欲索取以另一語文印製或另一格式製作的資料，請與我們聯絡。



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